

# PLEADINGS

Issue No. 259

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[www.nalsofgreaterkalamazoo.org](http://www.nalsofgreaterkalamazoo.org)

January 2012

## GETTING HEALTHY AT LUNCH

**W**hether your lunch break is 30 minutes or a full hour, chances are it's the only time you'll get to yourself all day. Put that lunch break to work for you! Instead of managing your e-mail while you nibble on that turkey sub, improve your health.

Got a lot of time? Use the midday hour to burn calories. Barely have any time? Concentrate instead on mental well being and increasing your energy for the rest of the afternoon. Here are some expert suggestions on how to put the kibosh on keyboard crumbs and pump up your energy level.

### Got 45 Minutes?

Put one foot in front of the other. "Walking is free, and you already know how to do it," says Samantha Heller, RD, senior clinical nutritionist at New York University Medical Center. Drive to a nearby high school or park with a co-worker and spend 15 minutes briskly

walking the track or trails. Make a weekly lunchtime commitment.

Be a video star. Why let a rainy day get in the way of exercise? Bring an exercise or yoga video to play in a free conference room, suggests Leslie Bonci, RD, Director of Sports Nutrition at University of Pittsburgh Medical Center. Grab a couple of friends to join in, and enjoy brown-bag lunches together afterward.

Step it up a notch. "Pedometers are a fantastic incentive to get more exercise," says Keli Roberts, spokesperson for the American Council on Exercise. Aim for 10,000 steps a day. Choose a lunch destination that's a good 15-minute walk from your office and you're well on your way. Plus, the walk will break up your afternoon, and it may even quell your appetite.

### Got 30 Minutes?

Engage your senses. "Everyone is entitled to nourishment

without aggravation," says Bonci. So shut down your computer, put the phone on voicemail and focus on what you're eating. "You need to see, smell and taste it. If you don't take the time to enjoy it, you'll be looking for a chocolate bar later."

Take yourself to the cleaners. Instead of running errands in your car on the way home, run them on foot during lunch, Bonci suggests. Visit the drugstore, stationers and cleaners near your office. You'll tackle your to-do list — and vaporize calories.

Drink up! "I use my lunch hour as a way to catch up on my water intake," says Roberts. "I try to finish two 1.5 liter bottles every day."

### Got 15 Minutes?

Pump it up. "It is possible to exercise at the office without taking up a lot of space or calling a lot of attention to oneself," Bonci insists. Her

favorite way to pump up at work? Do bicep curls by looping one end of an elastic resistance band under your foot and slowly pulling the other end up with one arm.

Create your own decompression zone. Clear your head by closing your office door (if you have one), slipping on headphones, shutting your eyes and playing music that soothes you for 15 minutes, suggests France Largeman, spokesperson for the American Dietetic Association.

### **Got 5 Minutes?**

Breathe easy. Anyone who's ever found herself face to face with a vending machine as a deadline approaches knows that stress can trigger mindless munching. Put yourself in the mindset to make healthy choices. Start your lunch hour by taking methodical, calming deep breaths, inhaling and exhaling to the count of five, repeating five times. "Deep breaths tell your body that everything will be okay," says Heller.

Roll with it. By the time lunch approaches, odds are you've already spent three hours staring into a computer monitor or talking on the phone — neither of which is doing your alignment any good. "Your shoulders are not supposed to be attached to your ears, your chin should not be resting on your breast bone," Heller says. Take some time to restore balance with some simple neck and shoulder rolls.

Make like a rabbit. Before you nibble a bit of your lunch, whip out a bag of carrots and some low-calorie salad dressing. Make your way through a portion of the bag — at least a cup. You'll make a serious dent on your veggie quotient for the day and on your appetite, too.

*By Laura Kalehoff, "Health Ideas,"  
WeightWatchers.com, 5/25/2005*

## **NALS OF GREATER KALAMAZOO BOARD OF DIRECTORS MEETINGS**

### **November 8, 2011**

The Board approved the minutes of the October 2011 Board meeting, and approved the October 2011 Treasurer's report, subject to audit. The Board approved the registration fees for Nancy Thomas and Karen Hare for the NALS of Michigan November 2011 meeting. Committee reports were given and committee matters discussed, including membership, programs, Koeze Nuts, the chapter's holiday charity project, and sale of the attorney directories. The Board approved a gift certificate for Chris English in recognition of her hard work on the attorney directories. The Board approved donating \$25 to the Kidney Foundation in memory of Rory Mack, as the family had requested. The next general membership meeting will be November 15 at Michelle's, with Ron Baylor speaking on environmental law. The next Board meeting will be on December 6 at Miller Canfield. The annual holiday social will

be held December 13 at Bonnie Riley's office.

### **December 6, 2011**

The Board approved the revised minutes of the November 8, 2011, Board meeting, and approved the November 2011 Treasurer's report, subject to audit. Committee reports were given and committee matters discussed, including membership, programs, the chapter's holiday charity project, and ways and means, including the sale of the attorney directories and Koeze Nut sales. The next general membership meeting is scheduled for January 24 at Comensoli's. The topic is the U.S. Patriot Act. The next board meeting is scheduled for January 10 (note change of date), at noon, at Miller Canfield.

### **January 10, 2012**

The Board approved the minutes of the December 6, 2011 Board meeting, and approved the December 2011 Treasurer's report, subject to audit. Committee reports were given and committee matters discussed including membership, programs, the results of the Koeze Nut sales, 2012 scholarships, upcoming officer elections, and other NALS business. The next general membership meeting is scheduled for January 24 at Comensoli's. The topic is "The U.S. Patriot Act." Our speaker is John Koryto of Miller Johnson. The next board meeting is scheduled for February 7, at noon, at Miller Canfield.

## **TIPS ON CALENDARING/FILING**

**By Tami L. Carl**

I was reading the NALS Handbook and I came across this. It was a good reminder for me on the importance of calendaring and filing daily.

### **Calendaring:**



- \*Missed deadlines are the source of many malpractice claims.
- \*Any type of future commitment belongs on the calendar.
- \*Prompt calendaring is essential. Any calendar entry should be made as soon as the date is known.
- \*It is important that the whatever calendaring system is used, that it be used and maintained daily.
- \*Although the final responsibility for the docket control system rests with the lawyer, the final responsibility for reminding the lawyer of deadlines rests with the lawyer's assistant.
- \*The first thing the lawyer's assistant should do in the morning and the last thing he/she should do at night is look at the calendar/tasks.

### **File Management:**

- \*File management in the law office receives perhaps the least attention, although it may be the most important of all clerical functions.
- \*Client files are the inventory and the memory of the law office, and they contain all work in progress - a major asset of the firm.
- \*Both time and personnel must be allocated for adequate file management.
- \*It is a crucial area of legal practice because handling a file efficiently affects profitability.
- \*Effective file management also provides many of the quality control mechanisms that are essential to ensuring that the work is properly handled.
- \*Many malpractice claims are generated by poor file management.



**NALS of Greater Kalamazoo  
Minutes of General Membership Meeting  
November 15, 2011**

NALS of Greater Kalamazoo met on Tuesday, November 15, 2011, at Michelle's Restaurant. The October 2011 edition of the *Pleadings* provided all members prior notice of the meeting. Thirteen chapter members were present at the meeting and two guests.

Prior to the meeting, our guest speaker, Attorney Ronald Baylor, of Miller Canfield, gave an interesting presentation on environmental law.

Immediately after the presentation, a short General Membership Meeting was held.

- I. **Call to Order:** President Diane Berry called the meeting to order at approximately 8:00 p.m.
- II. **Minutes:** Nancy Thomas made a motion to approve the October 2011 General Membership Meeting minutes as published in the *Pleadings*. Cindy Broecker seconded the motion. The motion carried and the Minutes were unanimously approved.
- III. **Treasurer's Report:** Nancy Thomas made a motion to approve the October 2011 Treasurer's Report as published in the *Pleadings*, subject to audit. Joyce Coker seconded the motion. The motion carried and the Treasurer's Report was unanimously approved, subject to audit.
- IV. **Corresponding Secretary:** Joyce Coker reported on correspondences she had mailed out recently, including thank you letters to our speakers, and a sympathy card for Connie Mack.
- V. **Director's Report:** Nancy Thomas reported that she and Karen Hare attended the NALS of Michigan board meeting on November 5. Nancy will publish a full report in the next edition of the *Pleadings*. She also commented on the following:
  - A. Kalamazoo has been selected as the site for the 2013 annual meeting, and our chapter likely will be called on to assist in a variety of ways.
  - B. Our chapter was presented with the next "Tae Kwon Do" belt in the state membership drive, the camouflage belt. We also qualified for the green belt due to Karen Hare's attendance as a first-timer at the November 5 meeting.
  - C. The State level of NALS is changing its scholarship program. Scholarships will no longer be available for or awarded to NALS members. Nancy explained that this change does not affect our local chapter because we are set up differently than the State.
- VI. **Membership:** Cindy Comer reported that she received student membership applications from several students at Kellogg Community College.
- VII. **Marketing:** Karen Hare had nothing new to report. Karen will make sure that the new student members are invited to our holiday gathering on December 13.
- VIII. **Ways and Means:**

- A. Attorney Directories. Chris English reported that she is still selling Attorney Directories. She is on the last packet of 25. Diane Berry thanked Chris for all of her hard work on the project, and the chapter presented Chris with a \$100 gift certificate to the Idun Salon as a thank you.
  - B. Koeze Nuts. Nancy Thomas discussed the Koeze Nut sales. She has received several orders so far and will be picking up her first orders this Saturday. Nancy will also pick up a few items to keep on hand for quick sale. Nancy reported that tomorrow, November 16, is the deadline for orders with logos. December 13 is the last day of Koeze orders so they can be received before Christmas.
- IX. **December Holiday Gathering:** Tami reminded all about our upcoming holiday gathering which will be held at Integrated Records Management on Tuesday, December 13. An invitation was published in the *Pleadings*. All members and their guests are invited. Anyone who wants to participate in the holiday ornament exchange should bring a wrapped ornament. Please RSVP to Tami as soon as possible. Tami sent around a sign-up sheet for the event at the meeting, and so far, we have 13 people signed up.
- X. **Holiday Charity:** There is information in the *Pleadings* with regard to our holiday charity. Diane Berry reported that our chapter also made national news with our holiday charity. It was reported in the most recent copy of E-News.
- XI. **Certification:** The Certification/Study Group continues to meet. A cram session is scheduled for Saturday, February 4. More information will be coming out in the State newsletter with regard to the cram session. Cindy Broecker reported that she will be making the copies for the Study group at no cost to the chapter or the group. Thank you Cindy!
- XII. **Other Business:** Diane Berry reported that she had been approached by a litigation support business seeking to be a corporate sponsor and/or to advertise on our website. After a short discussion, it was determined that we would politely decline because the business would be in competition with Bonnie Riley's local business.
- XIII. **Announcements:**
- A. Board Meeting. The next Board meeting will be held on Tuesday, December 6, at noon, at Miller Canfield.
  - B. Holiday Gathering. Our holiday gathering will be held on Tuesday, December 13, at Integrated Records Management, 259 East Michigan Avenue, Suite 409, starting at 5:30 p.m.
  - C. January General Membership Meeting. Our January general membership meeting will be held at Comensoli's Italian Restaurant (formerly Pasta Pasta) on Tuesday, January 24. Attorney John Koryto from Miller Johnson will speak on the U.S. Patriot Act.
- XIV. **Adjournment:** No further business to come before the membership, the meeting was adjourned at approximately 8:20 p.m.

Submitted by Tami Carl, Recording Secretary

## CORRESPONDING SECRETARY'S REPORT—by Joyce Coker

We received the following thank you note from Connie Mack and family: *To my NALS friends: Thank you so much for your contribution to the National Kidney Foundation,. It is most appreciated. Also thank you for the card of encouragement you sent this summer. That was very precious for me to receive. You (a lot of you) have been there a lot with me during Rory's dialysis and kidney transplant and sadly, now losing him. I appreciate all of you and your care and support through these last 15 years. Medical technology gave Rory to us for these extra years. Hopefully, technology will find a cure for the disease that has taken so many members of his family. Love to you all.* We also received an acknowledgment of our chapter's \$25 contribution in Rory's memory from the National Kidney Foundation of Michigan.

I also sent a thank you card to Bonnie Riley for hosting our Christmas party at her new office. What a wonderful host she was and how much we appreciate her efforts! Our best wishes for success in her new business. I also sent a thank you note to Cynthia Hollin for coordinating the Christmas charity project.

Photos from our Christmas social hosted by Bonnie Riley of Integrated Records Management Services, at her offices in downtown Kalamazoo.

In addition to a delicious dinner, we had our Christmas ornament exchange.



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**NALS of Greater Kalamazoo**  
**Minutes of General Membership Meeting**  
**Held December 13, 2011**

NALS of Greater Kalamazoo met on Tuesday, December 13, 2011, at Bonnie Riley's new offices of Integrated Records Management, LLC, 259 East Michigan Avenue, Suite 409, Kalamazoo, Michigan, for the chapter's annual holiday gathering. Before the social activities\* commenced, a short general membership meeting took place. The November 2011 edition of the *Pleadings* provided all members with prior notice. Fourteen members were present at the meeting and five guests.

- I. **Call to Order:** President Diane Berry called the meeting to order at approximately 5:55 p.m.
- II. **Minutes:** Nancy Thomas made a motion to approve the November 2011 General Membership Meeting minutes as published in the *Pleadings*. Cindy Broecker seconded the motion. The motion carried and the Minutes were unanimously approved.
- III. **Treasurer's Report:** Nancy Thomas made a motion to approve the November 2011 Treasurer's Report as published in the *Pleadings*, subject to audit. Karen Hare seconded the motion. The motion carried and the Treasurer's Report was unanimously approved, subject to audit.
- IV. **Corresponding Secretary:** Joyce Coker had nothing new to report.
- V. **Director's Report:** Nancy Thomas reported that she had received an email with regard to the certification cram session that will be held in conjunction with the upcoming NALS of Michigan February board meeting. Additional information should be published in the near future with regard to the meeting and the cram session. Nancy also reported that Koeze Nut sales were going well and that the chapter had already made at least \$2,000 in profit from the sales. Nancy will be picking up the last orders this weekend.
- VI. **Membership:** Cindy Comer had nothing new to report.
- VII. **Announcements:** Tami Carl reported that our January general membership meeting will be held at Comensoli's Italian Restaurant (formerly Pasta Pasta) on Tuesday, January 24. Attorney John Koryto from Miller Johnson will speak on the U.S. Patriot Act. All present were invited to attend.
- VIII. **Adjournment:** No further business to come before the membership, the meeting was adjourned.

Submitted by Recording Secretary Tami Carl

\*The annual holiday gathering continued with dinner prepared by *Catering by Judy*, which consisted of hot chicken salad, hot pasta salad, a green leafy salad, and a variety of holiday desserts. Bonnie Riley gave a short presentation on the services available by her new business, Integrated Records Management, and she introduced her staff. Everyone in attendance received a special hand spa treatment and gift from Bonnie Riley, and the annual ornament exchange took place.



ADOBE and CLOUD COMPUTING

&

THE INNOCENCE PROJECT



Saturday February 4, 2012, 9:00 a.m. to 11:30 a.m.

State Bar of Michigan Building

306 Townsend Street

Lansing, Michigan

NALS of Michigan Directors' Meeting from 1:00 p.m. until 3:00 p.m.

Continuing Legal Education credits: 2.5 hours

**9:00 -10:00 a.m.**

**JoAnn Hathaway**

**State Bar of Michigan Practice  
Management Resource Center**

- Using Adobe to boost efficiency
- Cloud Computing – an overview

**10:30 – 11:30 a.m.**

**William Fleener, Jr., Esq.**

**Staff Attorney for the Thomas M. Cooley  
Law School Innocence Project**

- What is the Innocence Project?

Registration Fees (Check One)

	<u>Seminar With Lunch*</u>	<u>Seminar Without Lunch</u>
Student	<input type="checkbox"/> \$21	<input type="checkbox"/> \$15
NALS of Michigan Member	<input type="checkbox"/> \$26	<input type="checkbox"/> \$20
Non-Member	<input type="checkbox"/> \$36	<input type="checkbox"/> \$30
Directors Meeting with lunch (No Seminar)	<input type="checkbox"/> \$ 6	
Directors Meeting only	<input type="checkbox"/> No Fee	
Check if you are a First Timer:	<input type="checkbox"/>	

Please check what you are planning to attend (non-members are welcome to attend Directors' Meeting)

- \_\_\_\_\_ 9:00 - 10:00 Seminar
- \_\_\_\_\_ 10:30 -11:30 Seminar
- \_\_\_\_\_ 11:30 - 1:00 Lunch
- \_\_\_\_\_ 1:00 - 3:00 Directors' Meeting

\* Lunch to be provided by NALS of Lansing.

Refund policy: **FULL REFUND** if notification is received prior to Saturday, January 28, 2012. **PARTIAL REFUND** of 50 percent if notification is received less than 5 days, but more than 48 hours prior to seminar. **NO REFUND** if notification is received less than 48 hours prior to scheduled seminar, or failure to notify.

Contributions or gifts to NALS of Michigan are not deductible as charitable contributions for federal income tax purposes. All expenses of continuing legal education incurred to maintain and improve professional skills are tax deductible, which includes registration fees, travel, meals, and lodging. (Treasury regulations 1.162.5, Coughlin v Commissioner, 103 F2d 307.)

Mail completed registration form and check payable to NALS of Michigan to: Jill L. Chapman, PLS, Gerald L. Oade, P.C. 200 Woodland Pass, P.O. Box 1296, East Lansing, MI 48826-1296. For further information, contact: Jill L. Chapman, PLS at (517) 351-3550 or [jchapman@glolawpc.com](mailto:jchapman@glolawpc.com)

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Telephone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

If NALS of Michigan member, list chapter: \_\_\_\_\_  
If student, please list school: \_\_\_\_\_



DATE: FEBRUARY 4, 2012

TIME: 9:00 A.M.-4:00 P.M.

We are holding the Cram at the same time and place as the Winter Board Meeting in Lansing (Please note that these will be running at the same time.) Please come join us to study for your ALS, PLS or PP!

Cost: \$20.00 (includes lunch)  
Michigan Bar Association  
306 Townsend Street  
Lansing, MI 48933

CONTACT LAURA JOUSMA FOR MORE  
INFORMATION OR TO SIGN UP.  
616-395-4263 OR  
laura @holland-law.com  
Deadline to Sign up: January 20, 2012

# Certification Cram



**NALS OF MICHIGAN COMMITTEE PREFERENCE SHEET  
2012-2013**

Yes, I want to be part of the 2012-2013 NALS of Michigan Leadership Team!

*Please indicate your first, second, and third choice.*

<u>1<sup>st</sup> Choice</u>	<u>2<sup>nd</sup> Choice</u>	<u>3<sup>rd</sup> Choice</u>	<u>Committee</u>
			Annual Meeting
			Certification
			Credentials
			Finance
			Financial Review
			Legal Education
			Marketing
			Membership
			Past Presidents' Council
			Permanent History
			Scholarship
			State Bar Liaison
			State Publication
			Website

Name \_\_\_\_\_

Chapter \_\_\_\_\_

Preferred Mailing Address \_\_\_\_\_

Work Phone \_\_\_\_\_ Home Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Home email address \_\_\_\_\_

Work email address \_\_\_\_\_

*(Mark an \* for your preferred email address)*

**Please return your completed committee preference form to:**

Janet R. VandenBerg, ALS  
 P.O. Box 57  
 Alanson, MI 49706-0057  
 Email: jrvandenber@gmail.com  
 Phone: 231-330-7210 (cell) 231-526-4919 (work)

I look forward to working with YOU!

**NALS OF GREATER KALAMAZOO TREASURER'S REPORT**

**December 1, 2011 through December 31, 2011**

**Fifth Third Bank General Checking Account**

**Beginning Balance** **\$9,689.67**

**Disbursements**

Kalamazoo Gazette (Ct Observance Day Ad)	179.00
Miller Canfield (Nov. Pleadings postage)	8.32
Third Coast Partners(Koeze Nuts)	23,939.83
Megee (Atty Directories)	120.00
Judy Nowak (catering for Dec Meeting)	285.00
Ron Baylor (mileage for Koeze Nut pick up)	52.17

**Total Disbursements** **\$24,584.32**

**Deposits**

November General Membership Mtg	32.00
December General Membership Mtg	360.00
Attorney Directories	544.00
Koeze Nuts	24,280.86

**Total Deposits** **\$25,216.86**

**Ending Balance** **\$10,322.21**

\*\*\*\*\*

**Fifth Third Bank Savings Account - Scholarship Fund**

**Beginning Balance** **\$8,118.61**

interest December .34

**Ending Balance** **\$8,118.95**

\*\*\*\*\*

**Fifth Third Bank Savings Account - General**

**Beginning Balance** **\$2,727.71**

interest December .12

**Ending Balance** **\$2,727.83**

**2011 KOEZE NUT SALE  
FINAL REPORT**

<b>Income:</b>		
Sales		<b>\$ 28,987.81</b>
<b>Expenses:</b>		
Invoice #64929	\$1,130.84	
Invoice #64930	310.94	
Invoice #64965	172.21	
Invoice #65267	2,482.77	
Invoice #65436	546.95	
Invoice #65519	9.36	
Invoice #65414	3,451.42	
Invoice #65765	5,157.21	
Invoice #65766	1,552.14	
Invoice #65785	827.81	
Invoice #65784	1,450.32	
Invoice #66029	448.40	
Invoice #66024	1,942.81	
Invoice #66171	435.80	
Invoice #66796	654.49	
Invoice #65796	3,383.91	
Invoice #66590 (credit)	-17.55	
Invoice #67083	220.87	
Postage for initial mailing	77.24	
12/10/11 Ron Baylor (94 miles @ 0.555)	52.17	
12/17/11 Nancy Thomas (1 trip out of 3) (138 miles @ 0.555)	76.59	
<b>Total Expenses</b>		<b>24,366.70</b>
<b>TOTAL PROFIT</b>		<b>\$ 4,621.11</b>

Thanks to all who supported the Jo Spaulding Memorial Scholarship Fund by promoting and purchasing Koeze products. This year's profit is about \$150 more than last year's. We very much appreciate everyone who ordered this year, and especially those firms who supported us once again:

**Miller, Canfield, Paddock, and Stone, PLC**  
**Lennon, Miller, O'Connor and Bartosiewicz, PLC**  
**Jonathan O'Brien/Honigman, Miller, Schwartz & Cohn LLP**  
**Miller Johnson**  
**Law Offices of Frederick J. Taylor**  
**VanAlstine Reporting**  
**Kal-Reporting**  
**Accurate Property Inspections**

Thank you also to my boss, Ron Baylor, who let me borrow his SUV to drive to Grand Rapids to pick up a large order. I made three trips in my own car (I requested mileage for only one).

The 2012 sale will be here before you know it! We look forward to more new products from Koeze for next year's sale.

Nancy Thomas, PLS, Chairman



**FOR IMMEDIATE RELEASE**

CONTACT: Erin Sabo

248.258.2333

[esabo@identitypr.com](mailto:esabo@identitypr.com)

**ATTORNEYS TITLE AGENCY ACQUIRES PINNACLE TITLE AGENCY**

*Transaction Expands Agency's West Michigan Presence*

**FARMINGTON HILLS, Mich.**, December XX, 2011—Farmington Hills, Mich.-based Attorneys Title Agency (ATA), a full-service title company providing comprehensive services throughout the state of Michigan, announced today that it has acquired the assets of Portage, Mich.-based Pinnacle Title Agency. ATA President William Robinson made the announcement.

The transaction, which closed on December 1, enhances the ATA footprint in a market that has long intrigued the title insurance provider.

“Though we have a significant presence in West Michigan through our affiliate Midstate Title Agency, the Kalamazoo market was yet-untapped prior to this acquisition,” said Robinson. “We feel this region has significant growth potential and partnering with the great team at Pinnacle is a phenomenal entry point.”

Pinnacle was owned and operated by George Amar, a highly respected title insurance professional with more than 35 years of experience in the industry. George and his expert staff will be valuable additions to the ATA team.

Pinnacle Title Agency will operate as an ATA office, supervised by the agency's Southwest Michigan manager, Terry Pingel.

“George and the Pinnacle team have been providing outstanding customer service in southwest Michigan for more than three decades, which has led to strong customer loyalty and deep industry expertise,” stated Pingel. “As we look to 2012, we're poised for growth in the Kalamazoo region and a strong team on the ground will be critical to our progress.”

***Attorneys Title Agency, LLC is a full-service title insurance agency providing comprehensive services to companies and individuals involved in real estate transactions. With 31 offices throughout the state of Michigan, Attorneys Title is committed to its mission of building strong and lasting relationships with its clients and providing them with dependable, timely and accurate service. For more information, please visit [www.atatitle.com](http://www.atatitle.com).***

XXX



## NALS OF GREATER KALAMAZOO

“The Association for Legal Professionals”

[www.nalsofgreaterkalamazoo.org](http://www.nalsofgreaterkalamazoo.org)

[www.nalsofmichigan.org](http://www.nalsofmichigan.org)

[www.nals.org](http://www.nals.org)

**Tuesday, January 24, 2012**

**Comensoli's Restaurant  
762 West Main Street, Kalamazoo  
Telephone: 269.345.6755**

**5:30 p.m. – Networking  
6:00 p.m. – Dinner, followed by  
Program**

**Speaker: Attorney John Koryto,  
Miller Johnson  
Topic: The U.S. Patriot Act**

### **Menu Selections** **(all prices include tax and gratuity)**

Option 1: Sun-Dried Tomato Pasta - Comensoli's homemade sun-dried tomato pasta topped with Alfredo sauce and steamed asparagus. \$13.75\*\*

Option 2: Chicken Parmigiana – two seasoned chicken breasts pan fried and topped with marinara and a blend of mozzarella and parmesan cheese. \$16.25\*\*

Option 3: Cudighi & Pepper Pasta – Comensoli's homemade sausage sautéed with bell peppers and onions in a white wine and olive oils sauce, tossed with parmesan cheese. \$16.25\*\*



Option 4: Pan Seared Salmon - seasoned salmon filet sautéed to perfection and finished with a slice of lemon and garlic butter, served with steamed asparagus. \$18.75\*\*

Option 5: Gorgonzola Strip Steak – grilled strip steak prepared to order and topped with caramelized onions and gorgonzola crumbles. \$20.00\*\*

\*\*Entrees are served with your choice of spaghetti with marinara or grilled polenta and chef's choice vegetables.

\*\*For a non-alcoholic beverage, please add \$2.00 to your total cost. Alcoholic beverages available at your cost.

**PLEASE NOTE OUR RESERVATION PROCEDURE:** Please reply to the email address below with “NALS reservation” in your subject line. Please give your selection in the body of the email, as well as the names and selections of any guests. Please give your payment to Colleen VanSickle at the meeting. Phone reservations will also be accepted—email is preferred. Thank you!

Please email your selection to Tami Carl at: [carlt@millerjohnson.com](mailto:carlt@millerjohnson.com) by **Friday, January 20, 2012.**

ONCE RESERVATIONS HAVE BEEN CALLED IN, YOU WILL BE RESPONSIBLE FOR PAYMENT FOR YOUR ORDER IF YOU CANCEL AND DO NOT FIND A REPLACEMENT. Please call Tami at 226.2966 with any questions.

## *2011-2012 Officers*

Diane Berry, PLS, President  
Phone: 226-8860; diberry@plunkettcooney.com

Cindy Comer, PP, Vice President  
Phone: 337-8185; comerc@kalamazoocity.org

Tami L. Carl, Recording Secretary  
Phone: 226-2966; carlt@millerjohnson.com

Joyce Coker, Corresponding Secretary  
Phone: 226-2975; cokerj@millerjohnson.com

Colleen VanSickle, Treasurer  
Phone: 385-4602; csvs45@hotmail.com

Nancy Thomas, PLS, Director  
Phone: 381-7030; thomasn@millercanfield.com

Nancy Thomas, PLS, Parliamentarian  
Phone: 381-7030; thomasn@millercanfield.com

\* \* \* \* \*

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multifarious\_gem@yahoo.com

Nancy Thomas, PLS, *Pleadings* Editor  
Phone: 381-7030; thomasn@millercanfield.com

## CALENDAR

Next Board Meeting  
Tuesday, February 7, 2012  
12 noon

Miller, Canfield, Paddock & Stone

Next General Membership Meeting:

Tuesday, January 24, 2012  
5:30 p.m.

Comensoli's Italian Bistro  
Program: U.S. Patriot Act  
By John Koryto, Esq.

NALS of Michigan  
Seminar, Board Meeting & PLS Cram

Saturday, February 4, 2012  
9:00 a.m.

State Bar of Michigan, Lansing



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**NALS of Greater Kalamazoo**  
**P.O. Box 50221**  
**Kalamazoo MI 49005**